

Nature Table Explorer

EXPLORE MORE

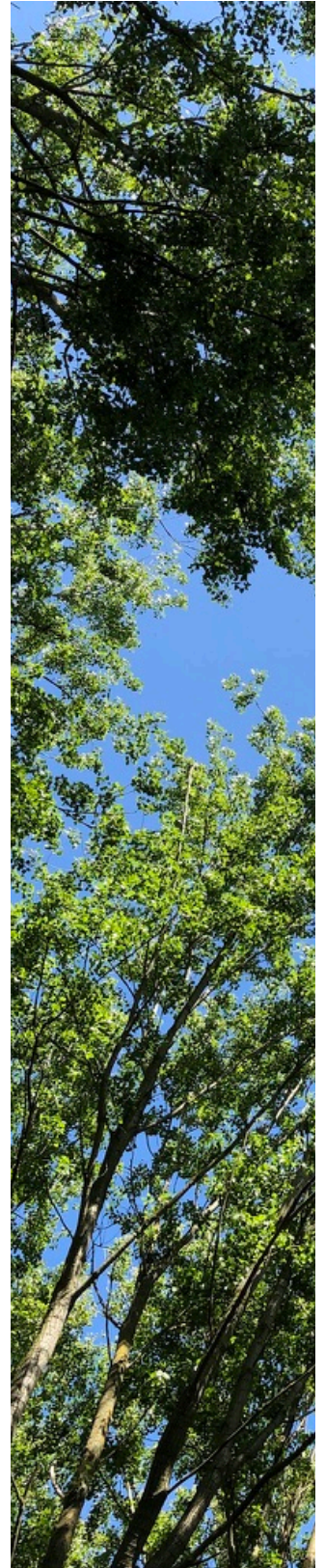
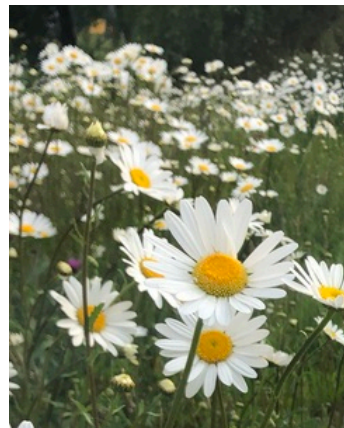
Garden Exploring and Exercise Walks

March the 23rd seems a long time ago now, our everyday normal has been changed and our habits reset. Being 'locked down' has been an experience we couldn't have predicted or imagined while rushing from one appointment or social gathering to another. We have become focussed on things that we normally take for granted. It has been hard not being able to meet up with family and friends. We have increased our IT skills and zooming is a new term we are all familiar with. Nature has been busy carrying on as normal, Spring has blossomed and continued. There was the last super moon of the year on May the 7th and meteor showers in the same week. I have felt lucky to have a garden and be able to be in it. Exercise walks have become highlights of the day and watching the fields go from brown soil to swathes of green crops has been wonderful.



During the last few weeks leaving the house has been once a day for exercise. The garden has had a lot of attention. One of the things we have done is to plant a strawberry bed. Watching the plants and flowers develop has been really enjoyable. We are looking forward to the fruits. The birds have been building nests in the hedges and visiting the feeders and bird baths.

The pigeons have had a great time eating the spinach plants and have feasted on the peas ! There have been plenty of red kites overhead, often being mobbed by crows as they glide above the trees. We have noticed magpies trying to raid the nests and making plenty of noise. While weeding and digging I have come across lots of chrysalis and caterpillars and have put them back somewhere sheltered. There have been plenty of holly blue and orange tips as well as peacock butterflies in the garden .

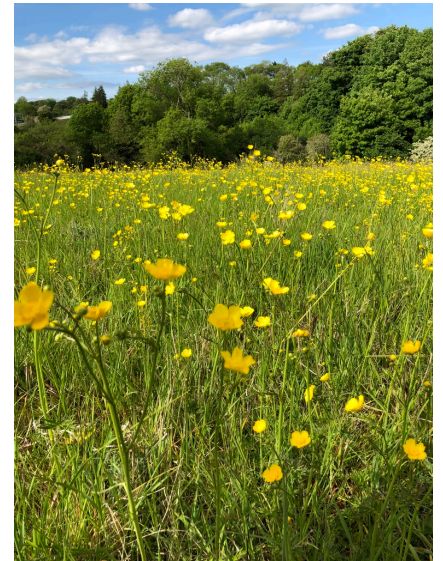


The flowers on walks have really come into their own over the last two weeks. The frothy cow parsley, horse chestnut flowers and one of my favourites, ox-eye daisies. We have missed seeing the bluebells this year.



This weekend we did drive for ten minutes to a local wood and enjoyed walking in the trees and fields. The buttercups were gorgeous. The wood has an area of streams and pools and in the centre the trees are coppiced. Obviously earlier in the year this area had been carpeted with celandines, primroses and

bluebells. We will be back early next year to enjoy them.



It has been interesting to discover footpaths from the house that we didn't know were there and to find lovely new pieces of woodland and streams. We came upon a little Egret in a field with a stream running through it, it had widened out into a small pond and the egret was happily fishing, until we appeared .

Hopefully as we are able to gradually do more we will spend more time out in the countryside discovering nature and exploring more .



Explorations Magazine was paused during this period of Lockdown , I am planning to hopefully publish issue 3 in September. If you would like to be part of the issue with photos , stories or any information please contact me on naturetableexplorer@yahoo.com or send me a text or give me a call on 07976484964.

Stay safe and enjoy nature.

